

Contact: Pam Carlson
Director of Community Relations
Phone (952) 915-3634



Caregivers of Adults Invited to First Meeting of **The Gathering Support Group in June**

ST. PAUL – If you provide care for an adult with an intellectual or developmental disability, you're invited to find strength, hope and renewal at The Gathering Support Group for Caregivers.

This new group is for anyone who assists an adult with daily activities such as fixing meals, taking them to doctor appointments or providing supervision. The group will meet on the second and fourth Thursday of each month from 10 a.m. to noon at Zion Lutheran Church, 1601 Fourth Ave., Anoka. The first meetings will be on June 11 and June 25. Attendance is free.

The Gathering Support Group for Caregivers is a collaborative effort of Arc Greater Twin Cities, Anoka County, and Mercy and Unity Hospitals. Funding is provided with Title III-E funds through the Minnesota Area Agencies on Aging and the Minnesota Board on Aging.

Arc Greater Twin Cities is a nonprofit agency serving the many needs of people with intellectual and developmental disabilities and their families. Established in 1946, Arc has been changing attitudes, changing policies and changing lives for more than 60 years. Arc helps individuals and families address issues that span the lifetime, including early intervention, education, transition to adulthood, health care, housing, employment, guardianship and more. For more information and volunteer opportunities, call Arc at (952) 920-0855 or visit www.arcgreatertwincities.org.

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