

Nram no yog ib co tswv yim qhia kev tswj xyuas cov ntaub ntawv uas muaj feem xyuam rau cov kev pab, kev kawm, kev kawm ntawv thiab kev kho mob rau cov neeg muaj kev tsis taus.

1. Khaws cia cov hnab ntawv uas koj txais tau thiaj li muaj lub chaw xa ntaus hnub uas tsab ntawv xa tuaj. Thiab sau hnub uas koj txais tau tsab ntawv rau ntawm lub hnab ntawv.
2. Luam cov ntawv tseem tseg thiab tom cov ntawv uas siv tib lub hnab ntawv xa tuaj kom nyob ua ib ke.
3. Tsis txhob sau los yog tho qhov rau cov ntawv tseem. Xum siv cov ntawv Post-It lo koj cov lus koj sau los yog siv cov cwj mem kob sib (highlight) los cim ntawm cov ntawv tseem xwb. Siv kob daj los cim thiaj li yuav tsis tshwm thaum twg muab tsab ntawv luam.
4. Tsis txhob muab cov ntaub ntawv pov tseg hlo li.
5. Ua kom muaj ib lub thawv los yog lwm lub chaw cia tag nrho cov ntaub ntawv. Siv tau tej phau ntawv tais los yog tej phau ntawv loj los tuav cov ntaub ntawv kom nyob muaj chaws thiab sib cais cov hom ntaub ntawv nyias nyob nyias. Koj yuav tsum muaj tag nrho cov ntaub ntawv vim tias tej zaum koj yuav xav siv lawv yav tom ntej mus.

Xav tau cov ncauj lus ntxiv los yog tau cov kev tawm tsam txhawb, hu rau Arc Hauv Ob Lub Nroog Ntxaib ntawm 952-920-0855 los yog txuas mus xyuas www.arcgreatertwincities.org.

Tsab ntawv no tsis yog tswv yim raws kev cai lij choj, thiab yuav tsum tsis txhob muab siv ua plaub ntug. Yog li cov ncauj lus ntawm tsab ntawv no hloov tsis tau tus kws lij choj cov tswv yim. Hu tau rau Minnesota Chaw Lij Choj Rau Txoj Cai Tsis Taus ntawm (612) 334-5970.