

Published three times per year – keep your calendar handy on your bulletin board or refrigerator.

Please note: This calendar was prepared in advance and is subject to change.

Making Connections



Featured Events

To register for any event, call Arc Greater Twin Cities at (952) 920-0855. Most events are \$10 per person for Arc members and \$25 per person for non-members. Prices are subject to change. No one will be turned away for inability to pay. If you need accommodations to attend a workshop, please contact Arc two weeks prior to the workshop date. For more information visit us on the web at www.arcgreatertwincities.org.

- Preparing for Guardianship – March 18, April 13
- Guardianship for Self-Advocates – March 18
- The Legal Process of Guardianship – March 25
- “Spring Out” Family Fun Event for Relatives as Parents – May 15
- Annual Meeting and Volunteer Celebration – May 22
- Member Picnic – June 28

ArcShops and Events

CALL Arc at (952) 920-0855 for more information about these programs and events.

Preparing for Guardianship

Thursday, Mar. 18, 6:30 – 8 p.m.

Apple Valley Community Center
Multi-Purpose Room 1

14603 Hayes Road, Apple Valley

FREE thanks to a grant from Dakota County

If someone you care about needs help making life decisions, learn about formal and informal decision-making options, including guardianship and conservatorship.

Guardianship for Self-Advocates

Thursday, Mar. 18, 6:30 – 8:00 p.m.

Apple Valley Community Center
Multi-Purpose Room 2

14603 Hayes Road, Apple Valley

FREE thanks to a grant from Dakota County

Do you have questions about guardianship? Share your questions with others at this lively workshop just for self-advocates. Find out what it means to have a guardian, learn more about your rights and explore effective ways to work through your concerns to reach positive solutions.

The Legal Process of Guardianship

Thursday, Mar. 25, 6:30 – 8:00 p.m.

Apple Valley Community Center
Multi-Purpose Room 1

14603 Hayes Road, Apple Valley

FREE thanks to a grant from Dakota County

An attorney who practices in guardianship and conservatorship will outline the necessary legal procedures and processes for obtaining, changing or ending a guardianship order.

Preparing for Guardianship

Tuesday, Apr. 13, 6:30 – 8:30 p.m.

Tartan High School

828 Green Ave. N., Oakdale

FREE

If someone you care about needs help making life decisions, learn about formal and informal decision-making options, including guardianship and conservatorship. This workshop is exclusively for parents of children in the North St. Paul, Maplewood and Oakdale Schools, District 622.

FASD Caregiver Resource Fair

Friday, May 7, 10 a.m. - noon

HSI Oakdale

7066 Stillwater Blvd. N., Oakdale

FREE

Are you raising a child with Fetal Alcohol Spectrum Disorder (FASD)? This resource fair is a great opportunity to learn about Social Security benefits, county services, juvenile justice and rehabilitation services, Arc and MOFAS.

Co-sponsored by Arc Greater Twin Cities and the FASD Regional Network of Ramsey and Washington Counties.

“Spring Out” Family Fun Event for Relatives as Parents

Saturday, May 15, 10 – 11:30 a.m.

Apple Valley Community Center, All-Purpose Room
14603 Hayes Road, Apple Valley

FREE for relatives as parents and their children

If you are a caregiver for a family member’s child with a disability, Arc has some fun especially for you and the child you care for! Celebrate spring with a project you can make together and take home. We’ll take instant photos of you and your child, and you can decorate a frame for your photo. *Funding for this event is provided by Title III-E NFCS grants through the Metropolitan Area Agency on Aging, the Minnesota Board on Aging and the Brookdale Foundation.*

Arc’s Annual Meeting and Volunteer Celebration

Saturday, May 22

Ramada Plaza Minneapolis

1330 Industrial Blvd., Minneapolis

Join Arc for a celebration of the past year’s achievements and a salute to the volunteers at Arc’s Value Village and the agency who have made that success possible. Watch as Arc presents its Changemaker Awards to people and organizations who are changing attitudes, changing policies and changing lives.

Arc Member Picnic

Monday, June 28, 5 – 8:30 p.m.

Como Park Picnic Pavilion

Horton & Midway Parkway, St. Paul

FREE for Arc members

Join your friends from Arc for a summer tradition, the annual Member Picnic! Enjoy a delicious picnic dinner and fun activities for all ages. Free carousel rides, too! Not a member? Join online at www.arcgreatertwincities.org or call (952) 920-0855.

Arc’s Public Policy Action Networks

Arc’s three volunteer Action Networks work to shape laws and policies affecting people with disabilities and their families. New members are always welcome! All groups meet at Arc’s St. Paul office. To join or get more information, contact Barb Kleist at barbkleist@arcgreatertwincities.org or call (952) 920-0855.

Education Action Network

Monday, Mar. 1, 10 a.m. – noon

Monday, Apr. 5, 10 a.m. – noon

Monday, May 3, 10 a.m. – noon

Monday, June 7, 10 a.m. – noon

This group works on issues such as inclusion, special education services and funding, transition services, employment training, and access to college and technical schools.

Health and Managed Care Action Network

Wednesday, Mar. 10, 4 – 6 p.m.

Wednesday, Apr. 14, 4 – 6 p.m.

Wednesday, May 12, 4 – 6 p.m.

Wednesday, June 9, 4 – 6 p.m.

This network works on issues such as Medical Assistance/Medicaid, self-directed services, Personal Care Assistant services, caregiver support, parental fees and case management services.

Community Living Action Network

Wednesday, Mar 24, 4 – 6 p.m.

Wednesday, Apr. 28, 4 – 6 p.m.

Wednesday, May 26, 4 – 6 p.m.

Wednesday, June 23, 4 – 6 p.m.

This group works on issues such as employment, housing, transportation, quality assurance, civil rights, abuse prevention, self-advocacy, and social and recreational inclusion.

Sibshops

Sibshops are free for Arc members and \$10 per child (each meeting) for non-members. Pre-registration is required. Call Arc at (952) 920-0855 for registration and more information.

Anoka County

Anoka-Hennepin Learning Center

2740 Wingfield Ave. N., Anoka
Sibshops I & II (ages 6 – 12)
Second Saturday, 10 – 11:30 a.m.
Meeting Dates: Mar. 13, Apr. 10, May 8

Carver County

Ridgeview Pediatric Rehab

490 S. Maple St., Suite 215, Waconia
Sibshops I & II (ages 6 – 12)
First Monday, 5:30 – 7 p.m.
Meeting dates: Mar. 1, April 5, May 3
Pizza dinner included.

Dakota County

Courage Center

100 Cobblestone Lane, Burnsville
Sibshops I & II (ages 6 – 12)
First Saturday, 9:30 – 11:30 a.m.
Meeting Dates: Mar. 6, Apr. 10 (date change),
May 1

Shepherd of the Valley Church

12650 Johnny Cake Ridge Road, Apple Valley
Sibshops I & II (ages 6 – 12)
Third Monday, 6 – 8 p.m.
Meeting Dates: Mar. 15, Apr. 19, May 17
*For children whose parents attend the South of
the River Group for Parents of Children with Down
Syndrome.*



Hennepin County

Cross of Glory Church

4600 Shady Oak Road, Hopkins
Sibshops I & II (ages 6 – 12)
Second Monday, 6:30 – 8:30 p.m.
Meeting Dates: Mar. 8, no April meeting, May 10
*For children whose parents attend the Minnetonka
Parent Group for parents of children with Down
syndrome.*

Eden Lake Elementary School

12000 Anderson Lakes Parkway, Eden Prairie
Sibshops I & II (ages 6 – 12)
Fourth Tuesday, 3:30 – 5 p.m.
Meeting Dates: Mar. 23, Apr. 27, May 25

Oak Point Intermediate School

13400 Staring Lake Parkway, Eden Prairie
Sibshop II (ages 9 – 12)
Third Wednesday, 2 – 3:45 p.m.
Meeting Dates: Mar. 17, Apr. 21, May 19

Prairie View Elementary School

17255 Peterborg Road, Eden Prairie
Sibshop I & II (ages 6 – 12)
Second Wednesday, 3:30 – 5:15 p.m.
Meeting Dates: Mar. 10, Apr. 14, May 12

Sabes Jewish Community Center

4330 S. Cedar Lake Road, Minneapolis
Sibshops I & II (ages 6 – 12)
First Thursday, 6:30 – 8 p.m.
Meeting Dates: Mar. 4, Apr. 1, May 6

Wilder School

3345 Chicago Ave. S., Minneapolis
Use Door 2 on 34th St.
Sibshop I & II (ages 6 – 12)
Fourth Monday, 5:30 – 7:30 p.m.
Meeting Dates: Mar. 22, Apr. 26, May 24
*For children whose parents attend the Wilder
School ¡Adelante! networking group for
Spanish-speaking families.*

Sibling Connection

Sibling Connection is for teens ages 13-17 who have brothers and sisters with disabilities. FREE for Arc members, \$10 per child (each meeting) for non-members.

Central Middle School

8025 School Road, Eden Prairie
First Tuesday, 3:30 – 4:30 p.m.
Meeting Dates: Mar. 2, Apr. 13 (date
change), May 4

Ramsey County

Fairview Community Center

1910 W. County Road B, Room 143, Roseville
Sibshops I & II (ages 6 – 12)
Second Thursday, 6 – 7:30 p.m.
Meeting Dates: Mar. 11, Apr. 15 (date change),
May 13

Northeast YMCA

2100 Orchard Lane, White Bear Lake
Sibshops I & II (ages 6 – 12)
First Thursday, 5:30 – 7:30 p.m.
Meeting Dates: Mar. 4, Apr. 1, May 6
Pizza dinner included.

Arc Networking Groups

CLICK www.arcgreatertwincities.org
for more information about these events.

Call Arc Greater Twin Cities at (952) 920-0855 for information about these ongoing networking groups. All groups are free, but membership is encouraged and pre-registration is required. Participants may join a networking group in any location across the metro area.

Apraxia Group

Minnesota Childhood Apraxia Support Group

Maple Grove Public Library
8351 Elm Creek Blvd., Maple Grove
Fourth Wednesday, 6:30 – 8:30 p.m.
Meeting Dates: Mar. 24, Apr. 28, May 26, June 23

Autism Groups

Anoka Area Autism Family Support Group

Cross of Christ Lutheran Church and School
9931 NW Foley Blvd., Coon Rapids
Third Tuesday, 6:30 – 9 p.m.
Meeting Dates: Mar. 16, Apr. 20, May 18, June 15
In collaboration with the Anoka Family Resource Committee

Autism Group

Oak Grove Middle School
Door C, Room 610
1350 W. 106th St., Bloomington
Second Wednesday, 7 – 9 p.m.
Meeting Dates: Mar. 10, no April meeting, May 12, June 9
In collaboration with Bloomington School District

Parents of Children with Autism

Family Achievement Center
8320 City Centre Dr., Suite G, Woodbury
Second Tuesday, 7 – 8:30 p.m.
Meeting Dates: Mar. 9, Apr. 13, May 11, June 8

Caregiver Groups

Grandparents Raising Grandchildren Networking Group

Nokomis Presbyterian Church
1620 E. 46th St., Minneapolis
Fourth Monday, 6 – 8 p.m.
Meeting Dates: Mar. 22, Apr. 26, May 24
In collaboration with Nokomis Healthy Seniors. Light dinner served. Child care upon request.

Down Syndrome Group

South of the River Group for Parents of Children with Down Syndrome

Shepherd of the Valley Church
12650 Johnny Cake Ridge Road, Apple Valley
Third Monday, 6 – 8 p.m.
Meeting Dates: Mar. 15, Apr. 19, May 17, June 21

Education Group

Families Advocating for Change in Education (FACE)

AmericInn
550 Cherry Dr., Waconia
Second Thursday, 11 a.m. – 1 p.m.
Meeting Dates: Mar. 11, Apr. 8, May 13, June 10

Family Access Groups

¡Adelante!

For Spanish-speaking families

- CLUES (Minneapolis)
720 Lake St. E., Minneapolis
Second Wednesday, 6:30 – 8:30 p.m.
Meeting Dates: Mar. 10, Apr. 14, May 12, June 9
- CLUES (St. Paul)
797 E. 7th St., St. Paul
Fourth Wednesday, 6:30 – 8:30 p.m.
Meeting Dates: Mar. 24, Apr. 28, May 26, June 23
- Wilder School
3345 Chicago Ave. S., Minneapolis
Fourth Monday, 5:30 – 7:30 p.m.
Meeting Dates: Mar. 22, Apr. 26, May 24

Key Txhawb

For Hmong families
Association for the Advancement of Hmong Women in Minnesota
1101 N. Snelling Ave., St. Paul
Fourth Saturday, 10 a.m. – 12 p.m.
Meeting Dates: Mar. 27, Apr. 24, May 22, June 26

Fathers' Group

Fathering the Child with Special Needs

Wilder School
3328 Elliot Ave. S., Minneapolis
Second Monday, 5:30 – 7:30 p.m.
Meeting Dates: Mar. 8, Apr. 12, May 10, June 14
In collaboration with Minneapolis Early Childhood Family Education

Fetal Alcohol Spectrum Disorder (FASD) Groups

Caregivers of Children with FASD

Arc Greater Twin Cities
2446 University Ave. W., Suite 110, St. Paul
First Tuesday, 10 – 11:30 a.m.
Meeting Dates: Mar. 2, Apr. 6, June 1
In collaboration with the Fetal Alcohol Syndrome Disorders Regional Network. The May meeting will be the FASD Caregiver Resource Fair on May 7 – see ArcShops and Events for more information.

Caregivers of Children with FASD

Sabathani Community Center
310 E. 38th St., Minneapolis
Third Wednesday, 6 – 8 p.m.
Meeting Dates: Mar. 17, Apr. 21, May 19, June 16
Child care and transportation assistance available upon request. Light dinner served. In collaboration with Minnesota Organization on Fetal Alcohol Syndrome (MOFAS).

General Disability Support Groups

Coffee and Conversation - NEW LOCATION!

Perkins
7325 Currell Blvd., Woodbury
Third Thursday, 6:30 – 8 p.m.
Meeting Dates: Mar. 18, Apr. 15, May 20, June 17

Family to Family Connections

Coon Rapids Evangelical Free Church
2650 128th Ave. NW, Coon Rapids
Fourth Tuesday, 6 – 8 p.m.
Meeting Dates: Mar. 23, Apr. 27, May 25, June 22

General Support Group (Scott County)

Scott County Government Center
200 Fourth Ave. W., Room GC112, Shakopee
Second Thursday, 6:30 – 8 p.m.
Meeting Dates: Mar. 11, Apr. 8, May 13, June 10

General Support Group (Washington County)

Fresh Fields Bakery
1400 Frontage Road W., Stillwater
Second Tuesday, 9:30 – 11:30 a.m.
Meeting Dates: Mar. 9, Apr. 13, May 11, June 8

Support Group for Parents of Children with Special Needs

Fraser Center
700 Humboldt Ave. N., Minneapolis
Second Tuesday, 6 – 8 p.m.
Meeting Dates: Mar. 9, Apr. 13, May 11
In collaboration with Parents In Community Action (PICA)