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## **The Arc Invites East Metro Kids to Sibshop Super Saturday on Nov. 12**

ST. PAUL – Kids in the east metro who have a brother or sister with an intellectual or developmental disability can have fun and make friends at **Sibshop Super Saturday** from The Arc Greater Twin Cities on Nov. 12 from 10 a.m. – 2:00 p.m. at the White Bear Area YMCA Teen Center, 2100 Orchard Lane, White Bear Lake.

Sibshop Super Saturday is a half-day session for kids ages 6-12. Like The Arc's monthly Sibshops, it has games, activities and discussion that help participants express their thoughts and feelings about having a sibling with a disability. It's a great option for families who don't have a monthly Sibshop in their area or who can't attend a Sibshop on a monthly basis.

Sibshop Super Saturday is free for members of The Arc Greater Twin Cities and \$15 per child for non-members. The cost includes lunch. To register, call The Arc at (952) 920-0855.

The Arc Great Twin Cities also offers monthly Sibshops in Anoka, Apple Valley, Hastings, Hopkins, St. Paul and Stillwater. For more information, visit [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org) or call (952) 920-0855.

The Arc Greater Twin Cities fosters respect and access for individuals with intellectual and developmental disabilities and their families, giving them the power to achieve a full and satisfying life. The Arc was started 65 years ago by parents determined to ensure the most full and independent lives possible for their children. Today, The Arc continues to be a family-focused, grassroots nonprofit organization helping individuals and families address issues such as early intervention, education, transition to adulthood, health care, housing, employment, guardianship and more. For more information and volunteer opportunities, call The Arc Greater Twin Cities at (952) 920-0855 or visit [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org).

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